OVERNIGHT gear, the Scout Basic Essentials, and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home.

**PERSONAL OVERNIGHT CAMPING GEAR**

- Scouts BSA Handbook for Boys or Scouts BSA Handbook for Girls
- “Class A” Uniform

**SCOUT 10 BASIC ESSENTIALS**

- Pocketknife
- First-aid kit
- Extra clothing
- Rain gear
- Water bottle filled w/potable water
- Flashlight
- Trail food
- Matches and fire starters
- Sun protection
- Map and compass

**EATING KIT**

- Spoon
- Plate
- Bowl
- Cup/Mug

**CLEANUP KIT/ TOILETRIES**

- Soap
- Toothbrush
- Toothpaste
- Dental floss
- Comb
- Washcloth
- Towel

**CAMPING GEAR**

- Clothing for the season
- Backpack
- Rain cover for backpack
- Sleeping bag or blankets
- Sleeping pad/cot
- Ground cloth
- Tent

**PERSONAL EXTRAS (OPTIONAL)**

- Watch
- Camera and film
- Notebook or paper
- Pencil or pen
- Sunglasses
- Small musical instrument
- Swimsuit
- Gloves/hat

**MEALS**

- Sack/Trail lunch for Saturday (NOTE: dinner Saturday and breakfast Sunday is provided)